



9-11 OCTOBER 2026 | UMEÅ, SWEDEN

Umeå Wrestling Battle 2026

INFO TO ALL TEAMS

Welcome to Umeå Wrestling Battle 2026! We are delighted to welcome teams from around the world to Umeå. Our mission is to host a strong international tournament where wrestlers face tough competition on the mat, while friendships are built and bridges are formed between countries and cultures beyond it. Please take five minutes to read this so you'll feel well prepared for the weekend.

Tournament program

FRIDAY 9 OCT	
17:00-19:00	Weigh-in on Aurora Botnia (Wasaline ferry) Remote weigh-in, all styles and ages
18:00-21:00	Weigh-in at the arena All styles and ages. Mandatory Friday weigh-in for GR9-17 Remote weigh-in also in Sundsvall (18:00-19:00).
SATURDAY 10 OCT	
08:30	Opening ceremony
08:50	Coaches meeting
09:00	Wrestling GR9-GR17
11:30-12:00	Senior weigh-in (GR, FS and WW)
14:00 approx.	Senior wrestling begins (GR, FS and WW)
15:00-17:00	Weigh-in: FS13-17 and WW9-17
17:30 approx.	Awards: GR9-GR17
19:30 approx.	Awards: GR, FS; WW and Best Greco Team
SUNDAY 11 OCT	
08:30	Opening ceremony
08:50	Coaches meeting
09:00	Wrestling WW9-17 and FS13-17
16:00 approx.	Final awards and Team prizes

Venue and updates

VENUE	STAY CONNECTED
Umeå Energi Arena Vind Gammliaavägen 5, Umeå, Sweden Open in Google Maps  Scan to open Google Maps	umeawrestlingbattle.se - updates, event details and livestream Instagram and Facebook: @umeawrestlingbattle Use #umeawrestlingbattle in your event posts

Competition information

Technical superiority and match time

CATEGORY	MATCH TIME / TECHNICAL SUPERIORITY
GR9 / WW9; GR11 / WW11	2 x 2 min 12 points Round robin; par-terre technique may not be used twice consecutively.
GR13 / FS13 / WW13; GR15 / FS15 / WW15	2 x 2 min 12 points
GR17	2 x 2 min 8 points
FS17 / WW17	2 x 2 min 10 points
Senior GR	2 x 3 min 8 points
Senior FS / WW	2 x 3 min 10 points

Semifinals: Each pool winner wrestles the second-place wrestler from the other pool. Winning a pool does not qualify a wrestler directly for the final. Groups with only two wrestlers compete "first to two wins."

Weigh-in and registration

- Return weigh-in cards for absent wrestlers to the registration office.
- Wrestlers competing in both Greco-Roman and Freestyle need two weigh-in cards, one for each style.
- For Wasaline and Sundsvall weigh-ins, the medical check must be completed in Umeå.
- Check the tournament database for correct brackets: Saturday 07:00 (GR9-17); Saturday 12:30 (WW, GR, FS); Saturday 18:00 (WW9-17 and FS13-17). Contact us immediately if you find errors!

Meals - pre-orders only

DAY	SERVING TIME	MEAL
Friday 9 Oct	16:00-	Dinner - Spaghetti Bolognese
Saturday 10 Oct	10:30-14:00	Lunch - Chicken stew with rice
Saturday 10 Oct	16:30-19:30	Dinner - Pasta with meatballs
Sunday 11 Oct	10:30-14:00	Lunch - Lasagna

All meals are served one floor up.

Fair play

Everyone is welcome to cheer for their wrestlers. Referees make the calls, coaches coach and wrestlers compete - and everyone deserves respect. Two Fair Play awards will be presented, one on Saturday and one on Sunday, to the clubs showing the greatest sportsmanship!

Results, bout lists and livestream

The event will be filmed and photographed, and livestreamed on YouTube.

RESULTS & BRACKETS	TEAM BOUT LISTS	LIVESTREAM
		
Competition results	Club-related match lists	Next on mat and live video

Questions or corrections: umeawrestlingbattle@gmail.com | +46 70 213 07 28 (phone or WhatsApp)

Good luck everyone and don't forget, in wrestling, there are no losers - just winners and learners!